FOR THE RESIDENTS OF LEE & LINCOMBE VILLAGES AND SURROUNDING AREAS AND OUR VISITORS

LEE & LINK'EM NEWS

SPRING 2009

50P



PIXIE MEADOW IN LEE COVERED IN SNOW. 03 FEBRUARY 2009

www.leebay.co.uk

LEE AND LINCOMBE – FUTURE DATES FOR 2009

VILLAGE DIARY

Saturday 14 February 11.00am Old Schoolroom Craft Shop re-opens – (Louise 862371)

Wednesdays January to 4 March Games nights at the Grampus – (Bill or Bryony 862906)

Tuesday 24 February 10.30am Pancake Races and Coffee Morning – Memorial Hall

(Lee WI – Pat Seymour 863628)

Monday 2 March 7.30pm Musical Concert and Dinner – Memorial Hall

(Tickets £15.00 from Ian Stuart 863396)

Thursday 19 March 8.00pm Piano recital with wine and canapés – Home of Margaret Hood,

Woolacombe (Tickets £12.50 from Ian Stuart 863396)

Sunday 22 March 8.45am Mothering Sunday service — St Matthew's Church

Wednesday 25 March 12.00pm Lent Lunch – Ivybank (Janet and Sebastian Birch 862453)

Wednesday 1 April 6.30pm Easter Bingo – Memorial Hall (Ginny Potts 867212)

Please note: NOT 8 April as previously advertised

Friday 10 April 2.00pm Good Friday service – St Matthew's Church

Sunday 12 April 9.00am Easter Sunday Communion Service with choir and festive music

St Matthew's Church

Monday 13 April 10.30am Easter Coffee Morning with hot cross buns and cake stall – Memorial Hall

Friday 17 April 7.30pm Antiques valuation evening and talk — Memorial Hall

(Tom and Edna Thompson 866438)

Monday 20 April 7.30pm St Matthew's Church Annual Parochial Meeting – Memorial Hall

Monday 27 April 8.00pm Annual General Meeting of Lee Memorial Hall – Memorial Hall

Monday 4 May 10.30am Flower Show Coffee Morning and Plant Sale – Memorial Hall

Monday 25 May 2.00pm Spring Fayre – Memorial Hall and Meadow

Sunday 28 June all afternoon Hog roast and Country Dance Band – an occasion for everyone of all ages –

Meadow and Memorial Hall

Thursday 30 July 2.00 pm Flower Show – Memorial Hall

Saturday 1 – Sunday 12 August Arts and Crafts Exhibition – Memorial Hall

Sunday 20 September 6.30pm Harvest Festival Service — St Matthew's Church followed by Harvest Supper

Every Monday 10.00 am – 1.00pm 'Mini-Monsters' – Memorial Hall

(Kate Madden 865591 or Kate Seekings 867068)

Saturday evenings from 8.00pm Open mic nights at the Grampus

Various time from Easter Cream teas in the Memorial Hall – look out for dates

If you would like anything included in the diary for the next issue, please contact the editors.

LEE MEMORIAL HALL REPORT

Earlier this year, residents and householders received a letter about progress being made with the Hall Development Project along with a sheet about forthcoming fund raising events. We are still waiting to hear about our application for a major grant from the Community Council of Devon but other aspects of our fund raising are continuing to go well. The Quiz Night went extremely well with a full house having great fun and enjoying an excellent supper of cottage pie

followed by fruit pie or crumble with cream or ice cream. We raised slightly over £400. I should like to thank everyone involved, especially those who were responsible for the food and catering and to Becca Wyles who organised the quiz splendidly.

I am grateful to Bill and Bryony for organising the weekly games nights at the Grampus. The first, skittles, attracted a very good crowd though only two of us were initiated into the cunning rules of backgammon the following week! However, the whist drive was good fun and, by the time this appears in print, the pool and chess evenings will have taken place.

The WI are kindly organising Pancake Races and a Coffee Morning to support the refurbishment of the Hall on Shrove Tuesday, 24 February, at 10.30 am. Do bring along your pancake and frying pan, but racing is not obligatory!

The two concerts planned for March look like being tremendously successful. As I write this on 1 February, tickets for both the concert with dinner in the Hall on 2 March and for the recital at Margaret Hood's home on 19 March are virtually all sold. If you want tickets but have not yet got them, do give me a ring on 01271 863396. It's possible that some may be available or there may be a few returns. Tickets are £15 for the concert and dinner, and £12.50 for the piano recital with wine and canapés. Both events promise to be splendid affairs!

Full details of subsequent events, including the Easter Bingo on 1 April and the Antiques Evening on 17 April will be published in due course. Like all our events since the autumn, I'm sure they will be sell-outs.

I said in the October edition of the News that I hoped that our planned website would be up and running in the new



year. I regret that, because so much has been happening, we have not had time to do this. However, David Beer has kindly put information about events on the Lee Bay website and will update things regularly. He has also put my last newsletter on to the website. So do visit the website if you want to check up on things. (www.leebay.co.uk click on Village Hall and Events for the Year).

I should like to take this opportunity again to thank everyone for all the support being shown for the Hall Development Project. I assure you that we shall keep everyone fully informed as things progress. One important date when you can come along to hear at first hand how things are going and ask questions is Monday 27 April. The Hall Annual General Meeting will take place at 8.00 pm on that date. There will be plenty of publicity in advance of this meeting.

Ian Stuart—Chairman, Lee Memorial Hall Management Committee

Lee & Link'em News Team

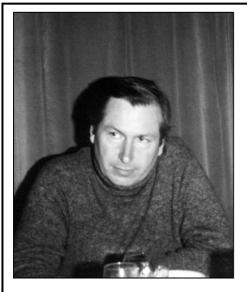
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GREETINGS AND FAREWELLS



Martyn Cheese 1935 - 2008

The villages mourn the loss of Martyn Cheese. His intellect, way with words, humour, love of plants and all creatures — especially teddy bears, mark him out as one of the great English eccentrics.

The large attendance at his funeral and later at his favourite watering hole, The Grampus Inn, indicates just how deeply he will be missed.

We have also learnt the sad news of the death of Derek (Del) Money on 9 February. Del & his wife Lynn, celebrated 50 years of summer holidays in Lee last year.

During that time they have stayed at most holiday accommodation in the village & their children & grandchildren share their love of our village & its coastline.

They spent a happy afternoon two days before Del died, looking at photos of Lee as they had never seen it...under snow.

As always, we apologise if we have missed anyone and will be happy to make amends in the next issue if you will let the editor know.

LEE W.I. REPORT



After four successful years as our President, Margaret Hill resigned at the General Meeting in November 2008 and a new Committee was formed with the following elected Officers.

President: Pat Seymour; Secretary: Margaret Hood; Treasurer: Cynthia Stuart

Our President's first official duty in December was to welcome Members and Guests to the Christmas Candle-lit Supper. The three course meal was prepared by a most professional sub-committee of very talented ladies. The Hall was lit entirely by candle-light creating a warm and friendly atmosphere (couldn't see what I was eating though). Although it was officially a Members' Meeting Night, business was kept to a minimum, although Pat Seymour presented the Flower of the Month annual award of a silver cup and potted plant to Biggi Wright.

We have now settled into our new programme for 2009, starting with a disconcerting talk in January by Wendy Fudge and Carly Roberts concerning Women's Aid, the organisation bringing help and support to abused women.

The programmes to come for the Spring will involve Tunnels Beaches, Floral Art and the annual debate on the current W.I. Resolutions. We meet on the second Thursday of the month, starting at 7.30pm in the Lee Memorial Hall. If you would like to learn more you can ring Pat Seymour on 863628, Margaret Hood on 871077 or simply turn up on the night when you will receive a warm welcome.

Brenda Keeble - Press Officer

"WE MEET
ON THE
SECOND
THURSDAY
OF THE
MONTH"



The East Wing - The Grange

LOCATED 2 minutes' walk from Lee village centre,

10 minutes to the beach

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GARDEN Large, luscious and unfenced, with stream border

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WWW.LOVELEEBAY.CO.UK or call 01271 864 876

CHRISTMAS BINGO REPORT & NEW EASTER BINGO!



Our Bingo night in December was the usual resounding success. We raised £1045.00 of which £45.00 was donated to the church and the remainder to Starlight. None of this could have been achieved without the support of all the residents of Lee and Lincombe, who are all wonderful.

Being my normal cheeky self, I'd like to call on you all

again before 1st April (not 8 April as was incorrectly

advertised previously) when the Easter Bunny (no it's not an April Fool or possibly it is!) will be holding a bingo, to raise funds for the Memorial Hall. Bingo prizes will be very much in the Easter theme, with chocolate eggs, simnel cakes, Easter biscuits, fluffy chickens, etc., with the last flyer full house being for a very very big handmade Easter egg from the chocolate emporium in Ilfracombe.

Ginny Potts.



WHAT MAKES US SO SPECIAL? YOUR CHANCE TO TELL THE WORLD

We have been invited to be the first community in the North Devon "Area of Outstanding Natural Beauty" to produce a Village Design Statement. Put simply, a Village Design Statement (VDS) would be our chance to tell the planners what we think is special about Lee and Lincombe, what are the characteristics of its landscape, its buildings, its way of life that make it the place which we value and which we want to protect, promote and nurture.

A VDS is an advisory document, produced by the local community, not by the planning department. It sets out clear and simple guidance for the design of all development in a village, based on its character. It cannot and should not prevent change from happening, but it can help to manage change for the better and to influence how any new building fits into the village. VDSs are intended to make an input into the operation of the statutory planning system, so that new development is in harmony with its setting and makes a positive contribution to our environment.

All proposed development would still, of course, have to take account of the constraints imposed by planning legislation, by the rules governing conservation areas and AONBs and by the policies of the local planning authorities. Equally, the Lee & Lincombe Residents' Association will continue to examine planning applications and to intervene and comment in order to promote and protect the interests of our community. But a VDA could be an opportunity for the community as a whole to be proactive; for us to contribute a structured account of what we see as the distinctive character of our village and its surroundings; and to set out the principles which we think should guide future design and development.

Around 200 English communities, from Cumbria to Cornwall and from Shropshire to Suffolk, have already drawn up VDSs, which vary greatly in style, length, scope, ambition and – for all I know – quality. But they all have in common the fact that they depend for their success on the time, energy, imagination and commitment of a broad cross-section of the community, led by a dedicated core team. It can easily take a year to develop, research, write, edit and publish a VDS and, although the District Council and AONB Partnership can offer help and support in the form of expertise, advice and funding, the whole point is that, ultimately, it should come from us.

If you want to know more about what is involved, those of you with internet access can go to the Lee & Lincombe Residents' Association's website (please follow the link from www.leebay.co.uk) where you will find links to Natural England's guides to producing VDSs and also to some of the VDSs already published on the web. Alternatively, I have a few paper copies which you are welcome to look at; do contact me at Ivy Bank or on 862 453.

Most importantly, however, we need to discover whether there is enough interest in the village to make such an exercise possible and worthwhile. Without wide support it could not claim to speak for the community. Without the active participation of a small project team it simply can't happen at all.

We would like to hear from you

- whether you support the idea of drawing up a Village Design Statement and would be prepared, for instance, to answer the occasional questionnaire; and
- whether you would be prepared to join, or even lead, the project team. No special
 qualifications are needed, but energy, a bit of time and an open mind would certainly come
 in handy.

Please react, however briefly. For instance "a: Yes, b: Yes" would already be perfect. For us, the easiest would be an e-mail to gina@loveleebay.co.uk. But a note or a quick phone-call to me would be fine as well. Or tell me in the pub (but make me write it down!).

We were chosen because we are seen as an active and vocal community. We need to decide pretty quickly whether we say yes. If not, the AONB and the Councils will go elsewhere and we can sit back and let others, rather than ourselves, shape our future. What do you think?

Sebastian Birch

Devon Adult and



Community Learning

Spring Courses 2009 on now!

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Title	Start Date	Day	Sessions	Time	Cost	Venue
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Drawing and Painting Landscapes in Mixed Media	02/02/2009	Mon	5	2 - 4pm	£38*	Two Lanes, Ilfracombe
Flower Arranging for Mixed Ability	03/02/2009	Tue	5	1 - 3pm	£38*	Two Lanes, Ilfracombe
Memory Books and Scrap Booking	03/02/2009	Tue	5	10am - 12pm	£38*	Two Lanes, Ilfracombe
Dressmaking and Patternmaking	04/02/2009	Wed	5	7 - 9pm	£38*	Two Lanes, Ilfracombe
Mosaics For Beginners	04/02/2009	Wed	5	7 - 9pm	£38*	Two Lanes, Ilfracombe
Making Story Bags	05/02/2009	Thu	5	10am - 12pm	£38*	Two Lanes, Ilfracombe
Wildlife in Watercolours	05/02/2009	Thu	5	7 - 9pm	£38*	Two Lanes, Ilfracombe
Dressmaking and Patternmaking	06/02/2009	Fri	5	2 - 4pm	£38*	Two Lanes, Ilfracombe
Precious Metal Clay Jewellery	07/02/2009	Sat	1	10am - 3.30pm	£30	Two Lanes, Ilfracombe
Willow Hanging Baskets	07/03/2009	Sat	1	10am - 3.30pm	£30	Two Lanes, Ilfracombe
Feltmaking	28/02/2009	Sat	1	10am - 3.30pm	£30	Two Lanes, Ilfracombe

Concessions are available if you are on Means Tested Benefit & over 60 Please telephone to ensure your place is booked now on: 01851551014

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We offer small classes for children from the age of 7 upwards on a Saturday.

We like to give the children a hands-on experience of clay allowing them to be as creative as possible with adult guidance and support. We provide technical tuition to ensure successful outcomes.

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For more details, please ring Penny or David on 866535 Wrinklewood, Lee Bay, North Devon

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DEAR FRIENDS OF THE LEE FLOWER SHOW...

I am looking out of the window and see my neighbours busy in their gardens. I am delighted, as I hope all this activity will be beneficial to our Flower Show in the summer, as well as our plant sale at our Coffee Morning in May. We are always happy to sell your surplus plants or seedlings to boost the kitty.

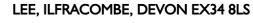
The Committee is busy at the moment collating our new schedule and writing off to the judges to make sure we can enlist their expertise again. There are seven different sections to be judged: Floral Art, Domestic, Produce, Cut Flowers, Pot Plants, Handicraft and Children's Class. The Schedules together with the Chairman's Choice are sold later in the spring by Committee members. We are going from door to door with our wares so that everyone can enter the show with at least one plant - a Chairman's Choice that has been brought on by you. All this for a mere 80p to win our cut glass Trophy (which you can keep).

The dates for the two events are: Coffee Morning 4th May; Flower Show 30th July

By the way I have 5 daffodils flowering - show off! (written in the last week of January). Biggi Wright.

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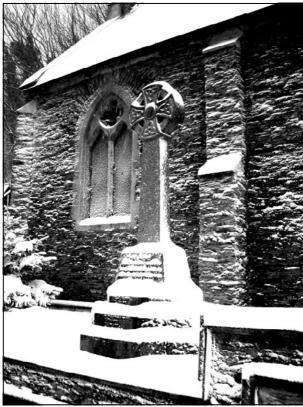
A 30lb box of mixed joints, steaks and mince = £120

Snow comes to Lee

Photographs taken by resident Stuart Groce early on 03 February 2009 during and after a sudden blizzard.









NEWS FROM ST. MATTHEW'S CHURCH



"THERE WILL BE FLOWERS FOR MOTHERS, GRANDMOTHERS AND OTHERS AT THE END OF THE SERVICE!"

The special Christmas services went well as usual and we are now looking forward to this year's events. One of the first is the re-opening of the Old Schoolroom as an arts and crafts shop by Louise Thompson-Passmore on 14 February. All of us at St Matthew's are very pleased that Louise has taken the lease on the schoolroom and wish her every success.

The season of Lent starts on Ash Wednesday, 25 February. As has been the custom in Lee for many years, the ancient service of Compline will take place at 7pm each Monday in Lent starting on 2 March for 6 weeks. This is a quiet service of meditation in the peaceful atmosphere of evening time in St Matthew's Church. Do come along to any of these services. Also during Lent, there will be a Lent Lunch on Wednesday 25 March at Ivy Bank, the home of Sebastian and Janet Birch. This is always an occasion to enjoy a simple but tasty lunch in a convivial environment. Please contact Janet and Sebastian on 862453 if you would like to come to this lunch.

The Sunday before the Lent Lunch is Mothering Sunday on 22 March. For the last two years, we have held a special Mothering Sunday service at 11.30am. Whilst this time has suited some people well, it has not been a good time for others, especially those going out for lunch or entertaining the family. This year, we have decided to hold the service at the usual Sunday service time of 8.45am. We realise that such an early time is difficult for some people but the Vicar has other services to take later in the morning. However, we do hope that many people of all generations, and especially mothers and children, will be able to come. It will be a service with communion but we shall be trying to make it a service suitable for everyone whether or not you are a regular member of the

congregation. And, of course, there will be flowers for mothers, grandmothers and others at the end of the service!

After Lent comes Good Friday and Easter. On Good Friday, there will be a service in St Matthew's at 2pm to commemorate Christ's last hour on the cross. This is a service of readings, hymns and periods of silence to which all residents and visitors are very welcome. Then on Easter Sunday morning, there will be the usual Easter service at 9am. The choir will lead the singing and we expect the church to be full for this joyful celebration of Easter. Do come along!

The following day, Easter Monday, we shall hold our usual coffee morning with hot cross buns and a cake stall in the Memorial Hall starting at 10.30am. Delicious cakes and refreshments for all! The Annual Parochial Church Meeting is on Monday 20 April at 7.30pm and the Spring Fayre for Church and Hall Funds is on Bank Holiday Monday, 25 May, at 2pm. As always, we hope to see you to all these services, events and activities.

Ian Stuart—Churchwarden and Vice-Chairman St Matthew's PCC



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What can we do? Ground clearance, gardening, rubbish removal, chain sawing, maintenance jobs, local collection and delivery of bulky items, pet care, house airing, cleaning, changeovers, shopping, checking that you turned the gas off when you call at 10.00pm from the M5 whatever!

We aim to provide an extensive and flexible service and suggest that you give us a call with your needs and we'll give you an honest appraisal of the situation and what we can offer. As villagers you can be confident of our local knowledge, reputation and honesty. Our desire is to run a local, sustainable business which fits in with our lifestyles and ultimately benefits yours.

Give us a call: Angus: 01271 865591 Mobile 07984209764

Nicki: 01271 855663 Mobile 07773703549 Email: <u>leehomegarden@yahoo.co.uk</u>



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We also prepare Buffets for that Special Party
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"SO WHAT HAS THE DISTRICT COUNCIL DONE FOR US?"



"THE BIGGEST SINGLE SUPPORT WHICH HAS BEEN PROVIDED IS THE £15,000 GRANT MADE TO THE LEE MEMORIAL HALL COMMITTEE"

THE WISDOM OF RONALD REAGAN

I'm going to explain to you what "The Council" has done for our villages in the last year or so, but I have firstly to remind you that Lee and Lincombe are situated in the area of *three* formally constituted councils:

- Ilfracombe Town Council
- North Devon District Council [NDC]
- Devon County Council

besides being vigorously supported by the Residents' Association; and each one of these has a different set of responsibilities. I, together with Bob Darell, am the District Councillor for the West Ward of Ilfracombe.

So what has the District Council done for us? As you would expect, some fairly workaday — but essential — activities like collecting and disposing of household rubbish and recyclables. This is done for an average weekly cost per household of about £1.25, and I think you'd be hard pressed to get a private contractor to get anywhere near this, or do it so well.

NDC has ensured that development activity is in line with central government and local policies — remember that our villages are partly or wholly within an Area of Outstanding Natural Beauty, a Heritage Coast, and a Conservation Area and are included within a World Biosphere Reserve. They are beautiful spots and have to be protected from insensitive development.

We have refurbished the public lavatories on the beach footpath, and passed them on, together with an annual subsidy, to the Town Council to manage and maintain, with admirable support from our Residents' Association. The dog bin on the beach footpath, which Denny Booker constructed and which has stood us in such good stead for so many years but which is now looking rather battered, will soon be replaced by a new one to be supplied, fixed and serviced by the District Council.

The biggest single support which has been provided is the £15,000 grant made to the Lee Memorial Hall Committee towards their £77,000 refurbishment and upgrading fund. We hope that this grant will facilitate a similar or much bigger grant from the Community Council of Devon.

But my ward includes much more than Lee and Lincombe. A part of the district which particularly needs help is Slade valley. The Slade community centre, now retitled Vision Centre, had fallen on hard times, but has been revived by the efforts of the Town Council and Transform. The District Council has provided a substantial sum, more than £4,000, to refurbish and redecorate the Centre and fit up its kitchen, and also to organise its administration and marketing.

I was particularly impressed by the Japanese Knotweed eradication project carried out in Lee and Lincombe, which was initiated by the Womens' Institute and operated under the aegis of the Residents' Association. Knotweed is prolific along the West Wilder Stream which runs through Slade, and with very much appreciated advice from Mavis Rogers, our local Knotweed guru, and support from Gary Smith of Transform, we were able to put together a bid for £4,000 from the District Council and the AONB authority. Cammy Cameron, who local Knotweeders will know well, has been instructing volunteers in eradication

THE WISDOM OF RONALD REAGAN, CONTD.

techniques, and we now have two properly qualified and equipped volunteers with the appropriate material to carry on for the rest of the year. Areas of infestation have been identified and we are looking for funding to continue the good work.

Back in Lee and Lincombe the roadway has been patched up and I understand that complete resurfacing is for later. The turning area of the Ilfracombe bus by the sea wall has been made neat and tidy, and the bandstand wall, damaged by a backing truck, has been repaired and if anything improved. The cavity under the sea wall is being excavated, refilled and made secure as I write.

As you will have noted, much of the work that I have mentioned has been supported, progressed and funded by several individuals, councils and voluntary bodies working in cooperation, and this brings to mind Ronald Reagan's remark:

"you can achieve anything in politics provided that you let someone else take the credit" a comment that applies just as much to the local scene as to the mighty scene of world statesmanship.

Colin Wright



"THE TURNING
AREA OF THE
ILFRACOMBE
BUS BY THE
SEA WALL HAS
BEEN MADE
NEAT AND
TIDY"

CLEANER—REQUIRED FOR SATURDAY CHANGE-OVER FOR SELF-CATERING HOLIDAY COTTAGE IN LEE.

MUST BE RELIABLE, TRUSTWORTHY AND DEPENDABLE AND OF COURSE A GOOD CLEANER! FOR FURTHER INFORMATION, PLEASE TELEPHONE:
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2nd Wednesday each month - tutor Brenda Keeble 10am - 4pm, £10 per person, please bring your own lunch

Patchwork

3rd Wednesday each month - tutor Margaret Hill 10am - 4pm, £10 per person, please bring your own lunch

NEW! Monday evening Patchwork course :7-9pm - £6.60 Aerobics every Monday 9.30 - 10.30 am - £4 per session



Come and treat yourself, have fun and learn a new skill!

THE OLD SCHOOLROOM

This beautiful old building has been traditionally used as a craft shop (since 1971) and is now reopening on 14 February 2009.

It was first opened as a school in 1860 and continued to teach local children until 1939. Above the door hangs a ship's bell from the wreck the Europa Lancaster.

The building stands in the heart of the village next to St Matthews's church, car parking is available opposite. Please came and visit us in this picturesque setting. The Craft gallery is stocked with local paintings and crafts, including hand painted glass, jewellery, greetings cards and more! Gifts, books and maps are also on sale.

Initial opening times are below and details of further opening times will be displayed in the Old Schoolroom and on our web site.

Louise Thompson



Local crafts, Hand painted Glassware, Pottery, Jewellery, Greetings cards, and more!

Opening on 14th February 11-4pm
Sunday 15th February 11-3pm
Open 16th - 22nd Feb 11-4pm
22nd Feb onwards 10am - 2pm
Sunday- Friday.

www.noonoo-art.co.uk

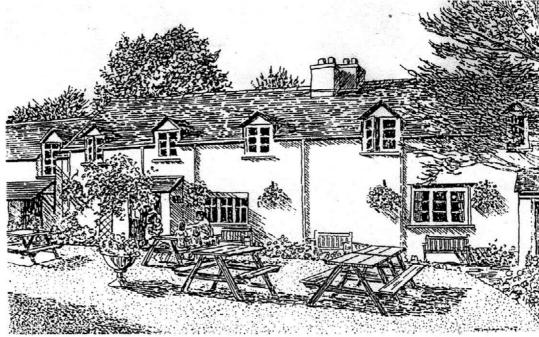
sales@noonoo-art.co.uk

Tel: 01271 864067

WINTER / SPRING AT THE GRAMPUS INN

Our festive season kicked off in mid-December with Peter Bruntnell performing songs from his latest album, Peter and the Murder of Crows. The evening was a lively one, also featuring music from Jim Jones and Dave Little. The merriment continued throughout the

Christmas sea-



THE GRAMPUS INN LEE

son, and our successful New Years Eve party was followed by further celebrations in the shape of Twelfth Night, which saw the Grampus bursting with tatters and top hats when Exmoor Border Morris arrived to dance and play music.

Since then we have been adding some extra sparkle to January with our regular Wednesday games nights, as well as a Burns Supper. The evening featured the traditional haggis and neeps, some entertaining Scottish accents from those brave enough to read out poems, and evocative music from M'Larkey – with some impromptu dancing thrown in for good measure!

Meanwhile, the games nights began with skittles, which proved to be very popular and encouraged us to look forward to seeing our own skittles team in the league again next time around. The entry fee for each games night is £3.50, with proceeds going to Lee Village Hall. The games are set to continue until mid-March, more details of which can be found on our notice board and website. After this, we will be running general games and quiz nights every Wednesday – open to everyone whether you want to play pool or shove ha'penny; bring your own game; or perhaps learn how to play backgammon, chess or Peruvian dice.

On the music front, the open mic' nights, hosted by Mark Presland, continue every Saturday evening from 9pm onwards. The nights are popular with musicians and listeners alike, with regular visits from local talent, such as Chris Millington and M'Larkey, amongst others. On Friday 20 February, local band Fillmore Spirits will be performing an acoustic set, followed by a full-band electric set, from 8pm. Tickets cost £4 and will be available on the door, or in advance from The Grampus, or Discovery Music (off The Square, Barnstaple).

Last but certainly not least, there are many culinary treats in store at The Grampus this coming spring. Julia continues to cook her excellent Sunday lunches, and will be working together with us on some special themed nights. The most obvious of these is, of course, Valentine's night, which is fast approaching on Saturday 14 February. Julia will also be cooking for the Thai Buffet on Friday 6 March, and a Mediterranean-themed evening on Friday 27 March – set to star her renowned bouillabaisse! We will also be offering a pancake-themed menu on Shrove Tuesday, 24 February, and Irish food and music for St Patrick's night on Tuesday 17 March. Please contact us for further information about these events; booking is advisable to avoid disappointment.

Bryony and Bill, The Grampus Inn

"TOENAILS
LEFT UNCUT
OR
UNTREATED
CAN BECOME
PAINFUL"

Walk this way for New Foot care service

Research has shown that having poorly looked after feet is a major cause of concern for older people. Addressing that issue, Devon County Council, Devon Primary Care Trust, and agencies from the voluntary sector are setting up foot care services across Devon. Toenails left uncut or untreated can become painful and lead to poorer mobility, lack of confidence, and a greater chance of falling. The new foot care services are for older people, who cannot care for, or possibly even reach, their own feet. If they have no relatives or friends nearby or able to help them, their only option is to pay privately for podiatry, which can be too expensive for many people.



Off on the right foot:

Foot care services have been set up in Volunteer Karen treats John Crawley from Exmouth. Exeter, Mid Devon (Crediton,

Tiverton & Cullompton), North Devon (Torridge and Beaworthy), East Devon (Ottery St Mary) and West Devon (Okehampton). We soon hope to set up schemes in Dawlish, South Brent, Axminster and Ilfracombe.



A wider spread of services is needed, so the County Council and Primary Care Trust are inviting more voluntary sector organisations to set up services across Devon. Setting up the schemes is funded by the Department of Health, which includes meeting the cost of recruiting volunteers, who are then trained and fully supported by NHS podiatrists.

Trained volunteers are providing straight forward foot care and toe nail cutting. They will also look out for other foot problems which might need more specialist foot care and they have a hotline to an NHS podiatrist who will be able to give instant guidance. A session costs £5.50. Devon PCT will continue to provide the more specialist foot care services for more complex cases, and they aim to help increase access for straightforward services equally accessible across Devon.

If you would be interested in becoming a volunteer for the Ilfracombe service please contact Jackie Philpott on 01392 449785 or email <u>jackie.philpott@nhs.net</u>.

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Our thrice-yearly newsletter is free to residents, and available to non-residents at 50p from The Grampus Inn or The Old Schoolroom Craft Gallery & Gift Shop.

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And now, thanks to sponsors, the Lee & Link'em News is also freely available online to read and/or download. Please visit www.leebay.co.uk and follow the links.

LEE FESTIVE SWIM 2008 REPORT



Monday 29 December 2008 once again attracted a good turn out of merry swimmers willing to brave the icy conditions for the good causes of the RNLI & Lee Memorial Hall. We are still collecting sponsorship money and will post a note of the final amount at a later date. Thank you to all who took part or came along to support us on the day.

David Perry & Penny Measures



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DEVON COUNTRYSIDE ACCESS FORUM

A statutory forum under the Countryside and Rights of Way Act 2000, supported by Devon County Council, which provides independent advice on improving outdoor access.



Are you interested in advising on access opportunities for walkers, cyclists, horseriders, canoeists and other recreational users? Can you represent the interests of young people or other groups who do not get outside so much?

The Devon Countryside Access Forum has fifteen appointed members. It meets three or four times yearly at public meetings and holds occasional working groups and training days.

If you would like to apply please look at the website:

www.devon.gov.uk/
devon countryside access forum

for details and an application form or ring 01837 810921, e-mail devoncaf@devon.gov.uk (Lucombe House, County Hall, Topsham Road, Exeter EX2 4QW).



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MINI MONSTERS PARENT & TODDLER GROUP

The last few months have been eventful for Mini Monsters.

In October, we were eager to organise something for the children for Halloween. We wanted to give the children the opportunity to dress up, parade through the village, and have an appropriately scary experience, but none of us were keen on the idea of "trick or treating". So we organised, in advance, a handful of villagers who the children could visit and exchange gifts with. We planned an easy route from the pub up through the meadow to the Grange, back down through the village to the seafront, and back to the pub for a party. We publicised the event around the village so that any visiting families on half term might join us, but were truly amazed when our numbers reached about 35 children and about 40 adults. It was really nice to have the involvement of people from nearby villages, as well as those from the village's holiday homes and our own community of children. Special thanks go to the "ghostly hosts" Romy and John Walker (great blood effects!), Gina-Luisa Hilborne and Stuart Groce (a FANTASTIC ghost, and who could wish for better "wolves" to join the walk?), Ginny Potts (great hat), Barry Jenkinson (what a scary mask), Penny Measures and David Perry (spiders, bats and lot of other things), and to Bill Harvey for allowing us to use the back room of the pub.

November marked our **second anniversary**, having started two years ago as a group, an achievement we are really proud

of. When we began we thought we would have half a dozen village children, and now we regularly have not 6 but 16 children. The "pioneering" children are now going onto school, and so we have been really pleased in the last year to welcome a whole new generation of children and babies (and parents!) to carry on the group. Most of the children of Lee and Lincombe attend, as well as a good number from Slade, Ilfracombe and Woolacombe who value the informality and friendliness of the group.

In December we had our third **Christmas party**, with 22 children, again honoured by the presence of Father Christmas who makes the event really special. Thanks as ever to Sebastian Birch and his "little" helper, Henry.

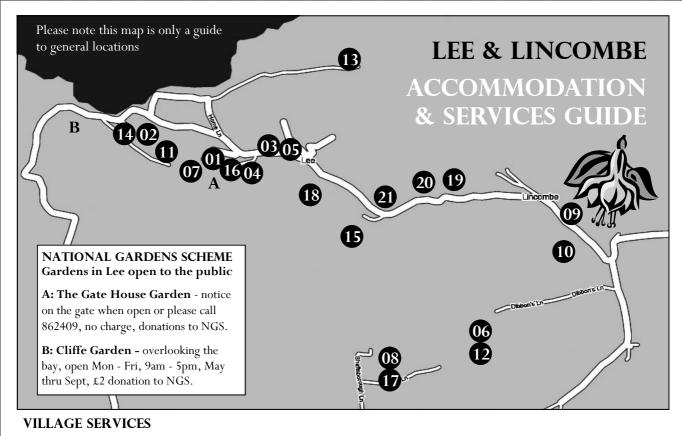




(Curiously several of the children claim, in recent weeks, to have heard Father Christmas snoring behind the closed door of the committee room, so if the Hall committee know something we don't, please let us know!).

As always we reiterate our invitation to anyone to visit us in the Hall on a **Monday morning 10am-1pm**, with or without a child. We especially welcome anyone who has moved to the area, or who is here for a holiday, just to drop in, or indeed any other villager who wants to see what we do (or share a skill with the children??).

As ever, you can contact Kate 01271 865591 or Katie 01271 867068 for more details.



1.	Pub, Tea Rooms & Village Shop: The Grampus Inn - www.thegrampus-inn.co.uk - Bill Harvey	(01271) 862906
2.	Hotel: The Lee Bay Hotel	CLOSED
3.	The Old Schoolroom Craft Gallery & Gift Shop - www.noonoo-art.co.uk - Louise Thompson	(01271) 864067
BEI	O & BREAKFAST	
4.	The Orchard - www.theorchardlee.co.uk - Mrs Ginny Potts	(01271) 867212
5.	Rose Cottage - Carolyn Weekes & Eric Couling	(01271) 863257
6.	Lower Campscott Farm - www.lowercampscott.co.uk - Mr & Mrs Cowell	(01271) 863479
7.	Southcliffe Hall - www.southcliffehall.co.uk - Kate Seekings & Barry Jenkinson	(01271) 867068
8.	Shaftsboro Farm - www.shaftsboro.co.uk - Margaret & Frederick Kift	(01271) 865029
9.	High Banks, Lincombe - Pat & Tony Seymour	(01271) 863628
SEL	F CATERING (max. per unit)	
10.	Lincombe House (2,6,5) - www.lincombehouse.co.uk - Richenda S Carter	(01271) 864834
11.	Chapel Cottage on Beach Lane (9) - Mrs Ginny Potts	(01271) 867212
12.	Lower Campscott Farm (8,6,6,4,4,4) - www.lowercampscott.co.uk - Mr & Mrs Cowell	(01271) 863479
13.	The Blue Mushroom (2,3) - Mavis & Michael Rogers	(01271) 862947
14.	Wrinklewood (4) - Penny Measures & David Perry	(01271) 866535
15.	Crowness Cottage (4) - crowness.cottage@tesco.net - Irene Duffield	(01268) 742162
16.	Brookdale Villa (11) - www.brookdale-lee.co.uk - Alan & Margaret Bannister	(01923) 266989
17.	Shaftsboro Farm - www.shaftsboro.co.uk - Margaret & Frederick Kift	(01271) 865029
18.	The East Wing, The Grange (5+2) - www.loveleebay.co.uk - Gina-Luisa Hilborne	(01271) 864876
19.	Lee Chapel (5) & School House (4), combined (9) - www.visitleechapel.co.uk - Geoff Barker	07870 239 973
20.	Charlton Cleave (8) - leehomegarden@yahoo.co.uk - Kate Madden	(01271) 865591
21.	Rock End (4-6) - leehomegarden@yahoo.co.uk - Kate Madden	(01271) 865591

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